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World Asthma Day

• Uncovering Asthma Misconceptions •

May 5, 2021

Global Initiative for Asthma

How is asthma diagnosed?

• The diagnosis of asthma is based on the history of characteristic symptoms patterns and evidence of variable airflow limitation. This should be documented from bronchodilator reversibility testing or other tests.

• Test before treating, wherever possible, i.e. document the evidence for the diagnosis of asthma before starting controller treatment, as it is often more difficult to confirm the diagnosis afterwards.

• Additional strategies may be needed to confirm the diagnosis of asthma in particular populations, including patients already on controller treatment, the elderly, and those in low-resource settings.

Description of asthma:

Symptoms and airflow limitation may resolve spontaneously or in response to medication, and may come and go for weeks or months at a time.



On the other hand, patients can experience episodic flare-ups (exacerbations) of asthma that may be life-threatening and carry a significant burden to patients and the economy. Asthma is usually associated with airway hyperresponsiveness to various environmental or indoor stimuli, and chronic airway inflammation. Symptoms are abnormal, but not necessarily abnormal.

Asthma Phenotypes



Asthma is a heterogeneous disease, with different underlying disease processes.

How is lung function testing used?

Asthma is characterized by variable expiratory airflow limitation, i.e. expiratory lung function varies over time and is reversible, to a greater than in healthy populations. In asthma, lung function may vary from completely normal and fully obstructed in the same patient. Poorly controlled asthma is associated with greater variability in lung function than well-controlled asthma.



Jornada divulgativa 'on line'

5 DE MAYO

DÍA MUNDIAL DEL ASMA

De 18:30 a 20:00 h.



Coordinador científico:
Dr. Gerardo Pérez Chica.
Director de Docencia:
Dr. Eduardo Vázquez Ruiz de Castroviejo.



Jornada avalada por:



Jornada reconocida por:



PROGRAMA

18:00 horas
Presentación

18:40 horas
Descubriendo conceptos erróneos del asma en 2021
Dr. Gerardo Pérez Chica (Neumólogo, Hospital Universitario de Jaén).

19:00 horas:
Diagnóstico alergológico en asma como estrategia para mejorar el control
Dr. Manuel Alcántara Villar (Alergólogo, Hospital Universitario de Jaén).

19:25 horas
Asma y COVID-19
Dr. Luis M. Entrenas Costa (Neumólogo, Hospital 'Reina Sofía' de Córdoba).

20:00 horas
Conclusiones y clausura de la jornada

COLABORAN



ThermoFisher
SCIENTIFIC



Coordinadores de Docencia:

Dr. Francisco Javier Alados Arboledas.
Dr. Alberto Damián Delgado Martínez.
Dra. Miriam Padilla Pérez.
Dr. Alejandro Pérez Milena.
Dra. Carmen Sánchez Perales.
Dr. Miguel Sola García

ACCESO A LA SESIÓN VIRTUAL